

JANUARY 2018

Orcas Island School District

Free & Reduced Applications are available in the school office and can be turned in at any time of the school year



Monday

Happy New Year!

1

Tuesday

Winter Break

2

Wednesday

Winter Break

3

Thursday

Winter Break

4

Friday

Winter Break

5

Macaroni & Cheese
Yogurt & Blueberries
Peas
Animal Crackers

8

K-5 Fish Nuggets
Cole Slaw
Black Bean Salad

9

MS & HS Fish Sandwiches

Teriyaki Chicken
Rice
Asian Veggies
Egg Roll

10

Spaghetti
Garlic Bread
Caesar Salad

11

Hamburgers, Cheese Burgers
or Garden Burgers
French Fries
Green Beans

12

Holiday

15

Chicken Noodle Soup
Yo-plait Go Big Yogurt
Fruit Cup
Homemade Roll

16

Pork Carnitas or
Bean & Cheese Burrito
Mexi Cole Slaw
Churro

17

K-5
Cheese Lasagna Roll Ups
Garlic Bread
Caesar Salad

18

MS & HS Beef & Sausage Lasagna

Sloppy Joes
Potato Puffs
Green Beans

19

Chicken Sandwiches
Potato Salad
Black Bean Salad

22

White Bean Chicken Chili
Cornbread
Baked Squash

23

Meat Loaf
Mashed Potatoes & Gravy
Roll
Green Beans

24

Pizza
Apple Crisp
Caesar Salad

25

No School

26

Toasted Ham & Cheese
or Toasted Cheese
Sandwiches
Split Pea Soup
Strawberries

29

Nacho's
Sun Butter Bar

30

Sweet & Sour Chicken
Brown Rice
Asian Veggies

31

1% WHITE MILK OR FAT FREE WHITE MILK IS SERVED DAILY. FAT FREE CHOCOLATE MILK IS AVAILABLE ON FRIDAY

IN ORDER TO PROVIDE HEALTHY, FRESH MEALS WE MAY MAKE CHANGES TO THE MENU

WE OFFER A VARIETY OF FRUITS AND VEGETABLES ON OUR SELF SERVE BAR, LOCAL BEEF, PORK AND VEGGIES WILL BE SERVED WHEN AVAILABLE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

